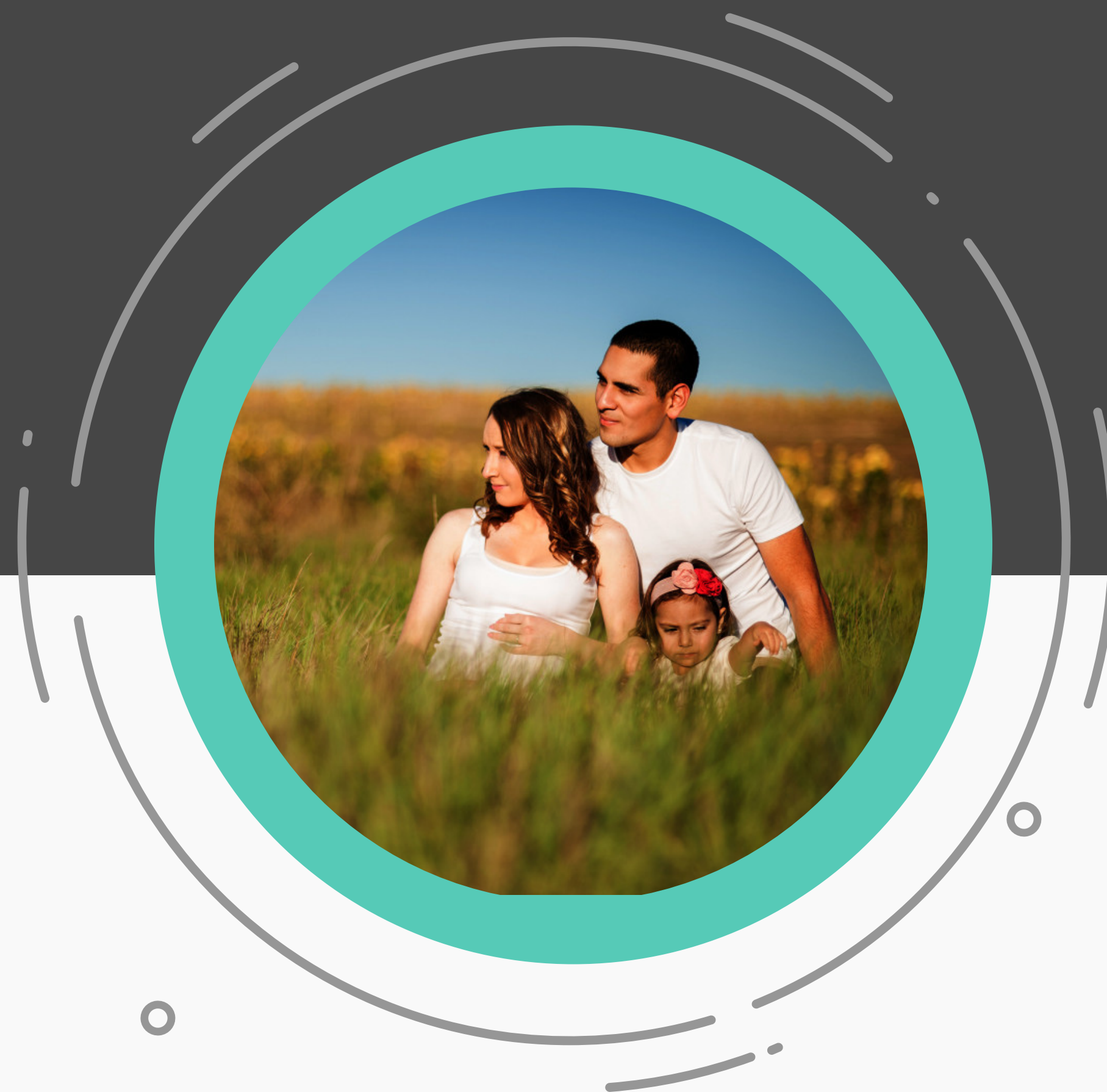




The Prostate Clinic

Prostate Biopsy Explained

An introduction to your
upcoming procedure

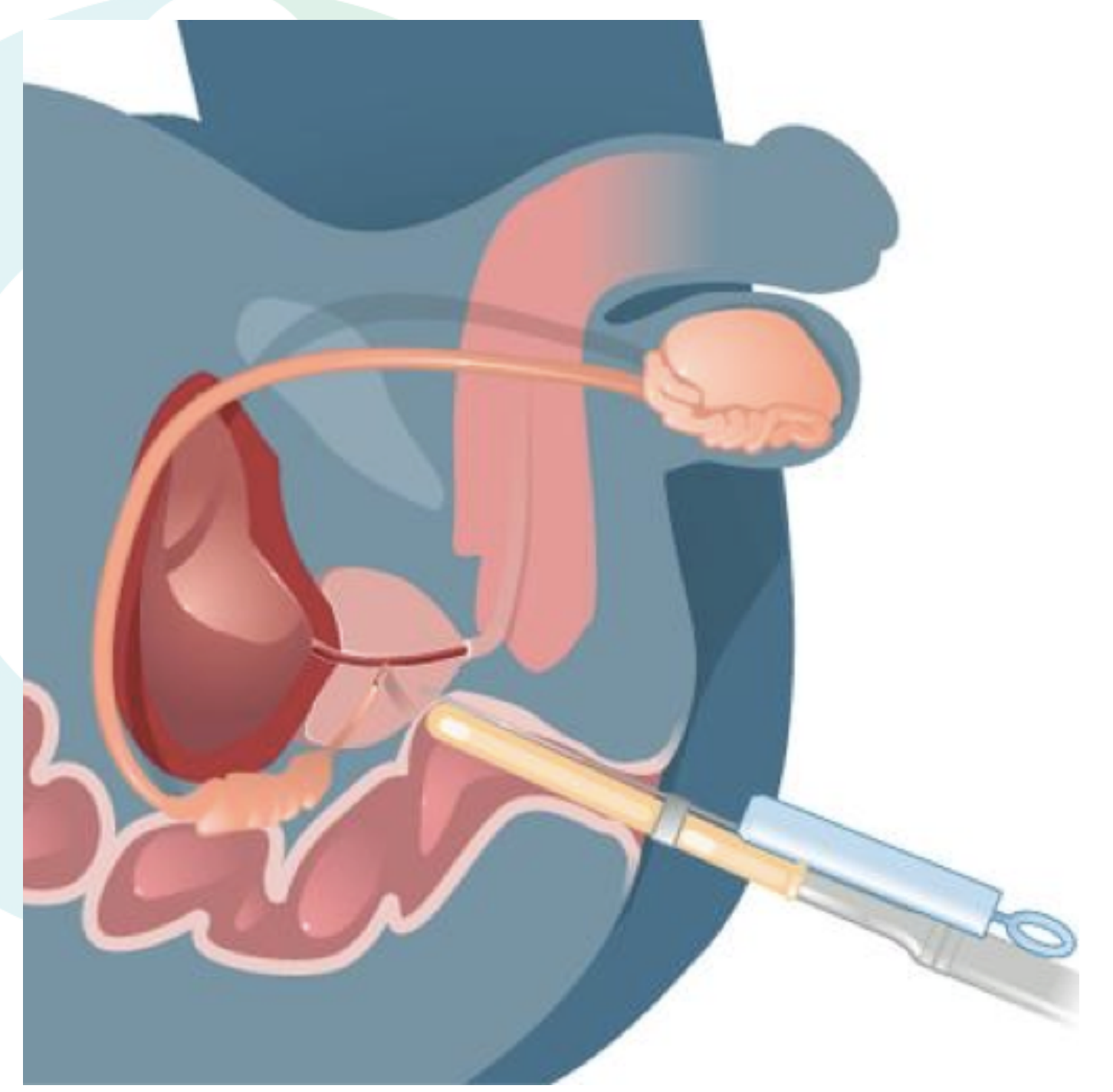


Dr Tom Shannon

A prostate biopsy is a test that takes small samples from the prostate gland to allow a histopathologist to exclude or prove prostate cancer. It is the definitive diagnostic test which allows us to determine how significant a prostate cancer is.

How is the biopsy done?

You will be asleep during the biopsy and will meet the anaesthetist on the day of the procedure. An ultrasound is placed into the rectum to visualise the prostate gland and a series of biopsies are taken, directed by the ultrasound probe. You will not be aware of the procedure and it will take around 20 mins to perform. Please see our website for pictures and descriptions of the procedure.



What will I notice after the procedure?

Expect some blood in the urine and even the back passage for a couple of days. This is normal. Bleeding is excessive if there are clots or you are having difficulty passing urine. It is normal to have blood in the semen with ejaculation, which will take some time to clear, around 20 ejaculations. Sometimes there can be difficulty urinating and we will check you for this before you leave the hospital.

How can I tell if I get an infection?

Urosepsis is a serious and rare potential complication after a prostate biopsy. You will be quite unwell, with a high fever and possibly uncontrolled shakes. You must contact us immediately on 9346 6000 if you think this is happening.

What preparation do I need?

We like to clear the bowels before a biopsy. An enema will be given to you. It is best used at home, but can be done on arrival at the hospital. A small Betadine suppository will also be placed in the back passage to sterilise the bowel. Please advise if you are allergic to Iodine. Oral antibiotics will be given to you in the hospital.

Do I need to stop blood thinners?

You should seek our advice on what to cease and when. We will provide you with an individualised plan. Please cease herbal tablets 10 days prior if possible as some have blood thinning properties.

When will I get my results?

You should see us within the week for results. Please ensure you have your appointment time before you leave hospital.

Fees and Charges

Dr Shannon - You will be charged item numbers 37219 / 55603. We will provide you with a written quotation which can be taken to your health fund to determine out of pocket expenses.

Anaesthetic charges - we can advise which anaesthetist you will see and how to contact them

Uropath is a specialty private urological pathology provider we use due to their quality work. Ph 93883180

Hospital excess - Please check your policy to see if your policy is subject to an excess for hospitalisation

What do I need to do now?

Please follow these routine instructions for a prostate biopsy:

1. You must not eat or drink for six hours before the procedure.
2. Do not eat chicken for three days prior to the procedure, due to possible antibiotic resistance.
3. Try not to pass urine for one hour prior to the procedure, as the bladder should be approximately half-full to assist the ultrasound and biopsy.
4. You must cease taking any blood-thinning agents (Warfarin, Aspirin, Clopidogrel, Plavix, Iscover, Persantin etc.) before a biopsy is done. If you are taking any of these medications, please let Dr Shannon know, and he will advise you when to stop taking them.
5. You will be given two antibiotic tablets (1 Ciproxin and 1 Bactrim) at the hospital to take 1 hour prior to the procedure. You will also be given 4 antibiotic tablets to take at home after the procedure. You are to take 1 Ciproxin and 1 Bactrim in the evening the same day as your procedure, and 1 Ciproxin and 1 Bactrim the morning following your procedure. This helps to prevent infection.

You should have received instructions on where to go and at what time before you leave the office.

Please note that you will not be able to drive home yourself after the procedure. Generally, you will be able to leave one to two hours after the procedure.

You can call admissions at Hollywood on 9346 6888 if you have queries regarding your admission times etc.

Any other enquiries, please email secretary@theprostateclinic.com.au

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Your Appointments

Your biopsy and ultrasound will be at the Hollywood Day Surgery Unit. It is scheduled for:

Date:

Time:

Your follow-up appointment with Dr Shannon has been scheduled for:

Date:

Time:

About Us

The Prostate Clinic is Perth's first multidisciplinary centre dedicated to the prevention and management of prostate disease and men's health based at Hollywood Private Hospital, Nedlands. Prostate disease is a common condition, affecting 1 in 2 men in their lifetimes, making it a problem that we all need to think about. Prostate cancer affects 1 in 5 men during their lifetime and is the second most common cause of cancer death in Australian men. However, prostate cancer is highly curable if found early and at The Prostate Clinic we are devoted to reducing the impact of this disease through awareness, early detection and expert care. With over 15 years' experience and thousands of prostate cancer patients treated, The Prostate Clinic brings together a team of doctors, nurses, physiotherapists, dieticians, exercise physiologists and psychologists to deliver optimal patient care.

Contact Us

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